

MASSAGE RITUALS

Relaxing 25min 45.00€
..... 55min 75.00€

Full body or located massage. Providing total relaxation for mind, body and soul.

Sports 25min 55.00€
..... 55min 80.00€

This massage helps to release muscle tension.

Hot Stone Therapy 80min 100.00€

The combination of heated basalt stones and manual massage, reduce muscle tension and stimulates blood circulation. Give you a special moment of deep relaxation.

Face, Neck and scalp 25min 45.00€

Localized massage, the focuses on the face, head, neck and shoulders, aiming to relieve muscle tension.

Therapy with Essencial Oils 25min 45.00€

Localized massage focused on releasing tension in the back by working on pressure points carried out with a combination of harmonious essential oils.

Clay Massage 35min 55.00€

A special gift for your skin. Give you an excellent nutrition and detox you skin and body.

Lymphatic Drainage 50min 75.00€

Gentle massage wich is intended to encourage the natural circulation of the lymph through the body.



ORIENTAL MASSAGE

Ayurvédica 55min 80.00€

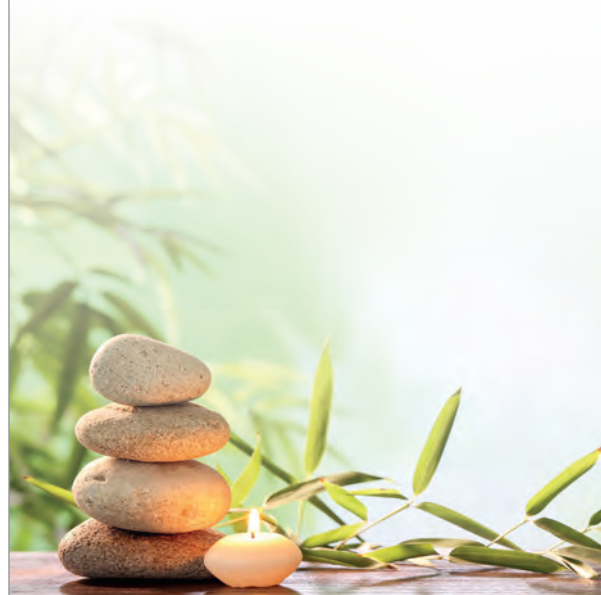
Tradicional Indian Massage. Performed with hands, feet and elbows, which aims to create harmony within the body by relieving tension and strengthening the immune system, making this massage a powerful antidote to stress.

Shiatsu 50min 80.00€

Traditional hands-on Japanese healing art, consisting of finger and palm pressures, stretches, and other massage techniques to promote complete well-being.

Reflexology 50min 65.00€

A treatment carried out by working on specific pressure points that are considered reflex points that reflect an image of the body on the feet.



BODY RITUALS

Body Scrub 45min 60.00€

Natural exfoliation that removes dead cells and impurities from the skin.

Detox 55min 75.00€

Purifying and reducing treatment that stimulates the lymphatic system, revitalizes the metabolism and promotes detoxification.

Anti-cellulite 55min 75.00€

Localized treatment, specific for reducing the appearance of cellulite. The combination of our products and massage techniques aid the detoxification and oxygenation process preventing the appearance of cellulite.

Slimming 55min 75.00€

A specific treatment that increases the drainage and lipolytic properties, increasing toxin elimination, resulting in more sculpted and careful image.

Firming 55min 75.00€

A Specific treatment that strengthens the skin, by stimulating collagen and elastin fibers.

Golf Special 55min 75.00€

An invigorating personalized treatment to suit your current physical state, by focusing on the areas of the body suffering from fatigue.



FACE RITUALS

Purifying 55min 75.00€

Oxygenating, purifying and soothing treatment appropriate for sensitive skin.

Soothing 55min 75.00€

Calming, Refreshing and healing treatment appropriate for sensitive skin.

Anti-age 55min 75.00€

Regenerating, revitalizing and toning treatment.
Aids reduction of wrinkles, elasticity and improves overall texture.

Moisturizing 55min 75.00€

Rehydrating treatment that replenishes the skin appropriate for dehydrated skin.

MANICURE & PEDICURE

Spa Manicure 60min 40.00€

Spa Pedicure 75min 55.00€

Manicure 30min 25.00€

Pedicure 45min 40.00€

WAXING

Eyebrows 10.00€

Upper Lip 10.00€

Underarm 15.00€

Bikini Line 15.00€

Full Bikini 25.00€

Half Leg 20.00€

Full Leg without bikini 35.00€



Spa Aquae

Dom Pedro Vilamoura Hotel

For more information please contact:
289 300 700

SPA MENU
Find your balance...

The image is a vertical advertisement for Spa Aquae. At the top, there is a black rectangular area containing a gold-colored crest with two horses flanking a shield, with the text 'SPA AQUAE' in white serif font below it. The background of the advertisement is a photograph of a large, modern indoor swimming pool with a wooden ceiling and large windows that look out onto a lush garden. In the foreground, there is a close-up of a pink lotus flower and a white spa mask.