

## MASSAGE RITUALS

**Relaxing** ..... 25min 45.00€  
..... 55min 75.00€

Full body or located massage. Providing total relaxation for mind, body and soul.

**Aromatherapy** ..... 25min 50.00€  
..... 55min 80.00€

Full body or located massage. Providing total relaxation for mind, body and soul.

**Sports** ..... 25min 55.00€  
..... 55min 80.00€

This massage helps to release muscle tension.

**Hot Stone Therapy** ..... 80min 100.00€

The combination of heated basalt stones and manual massage, reduce muscle tension and stimulates blood circulation. Give you a special moment of deep relaxation.

**Face, Neck and scalp** ..... 25min 45.00€

Localized massage, the focuses on the face, head, neck and shoulders, aiming to relieve muscle tension.

**Therapy with Essential Oils** ..... 25min 45.00€

Localized massage focused on releasing tension in the back by working on pressure points carried out with a combination of harmonious essential oils.

**Clay Massage** ..... 35min 55.00€

A special gift for your skin. Give you an excellent nutrition and detox you skin and body.

**Lymphatic Drainage** ..... 50min 75.00€

Gentle massage which is intended to encourage the natural circulation of the lymph through the body.



## ORIENTAL MASSAGE

**Ayurvédica** ..... 55min 80.00€

Tradicional Indian Massage. Performed with hands, feet and elbows, which aims to create harmony within the body by relieving tension and strengthening the immune system, making this massage a powerful antidote to stress.

**Shiatsu** ..... 50min 80.00€

Traditional hands-on Japanese healing art, consisting of finger and palm pressures, stretches, and other massage techniques to promote complete well-being.

**Reflexology** ..... 50min 65.00€

A treatment carried out by working on specific pressure points that are considered reflex points that reflect an image of the body on the feet.



## BODY RITUALS

**Body Scrub** ..... 45min 60.00€

Natural exfoliation that removes dead cells and impurities from the skin.

**Detox** ..... 55min 75.00€

Purifying and reducing treatment that stimulates the lymphatic system, revitalizes the metabolism and promotes detoxification.

**Anti-cellulite** ..... 55min 75.00€

Localized treatment, specific for reducing the appearance of cellulite. The combination of our products and massage techniques aid the detoxification and oxygenation process preventing the appearance of cellulite.

**Slimming** ..... 55min 75.00€

A specific treatment that increases the drainage and lipolytic properties, increasing toxin elimination, resulting in more sculpted and careful image.

**Firming** ..... 55min 75.00€

A Specific treatment that strengthens the skin, by stimulating collagen and elastin fibers.

**Golf Special** ..... 55min 75.00€

An invigorating personalized treatment to suit your current physical state, by focusing on the areas of the body suffering from fatigue.



## FACE RITUALS

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**Purifying** ..... 55min 75.00€

Oxygenating, purifying and soothing treatment appropriate for sensitive skin.

**Soothing** ..... 55min 75.00€

Calming, Refreshing and healing treatment appropriate for sensitive skin.

**Anti-age** ..... 55min 75.00€

Regenerating, revitalizing and toning treatment.  
Aids reduction of wrinkles, elasticity and improves overall texture.

**Moisturizing** ..... 55min 75.00€

Rehydrating treatment that replenishes the skin appropriate for dehydrated skin.

## MANICURE & PEDICURE

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Spa Manicure ..... 60 min 40.00€

Spa Pedicure ..... 75 min 55.00€

Manicure ..... 30 min 25.00€

Pedicure ..... 45 min 40.00€

## WAXING

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Eyebrows ..... 10.00€

Upper Lip ..... 10.00€

Underarm ..... 15.00€

Bikini Line ..... 15.00€

Full Bikini ..... 25.00€

Half Leg ..... 20.00€


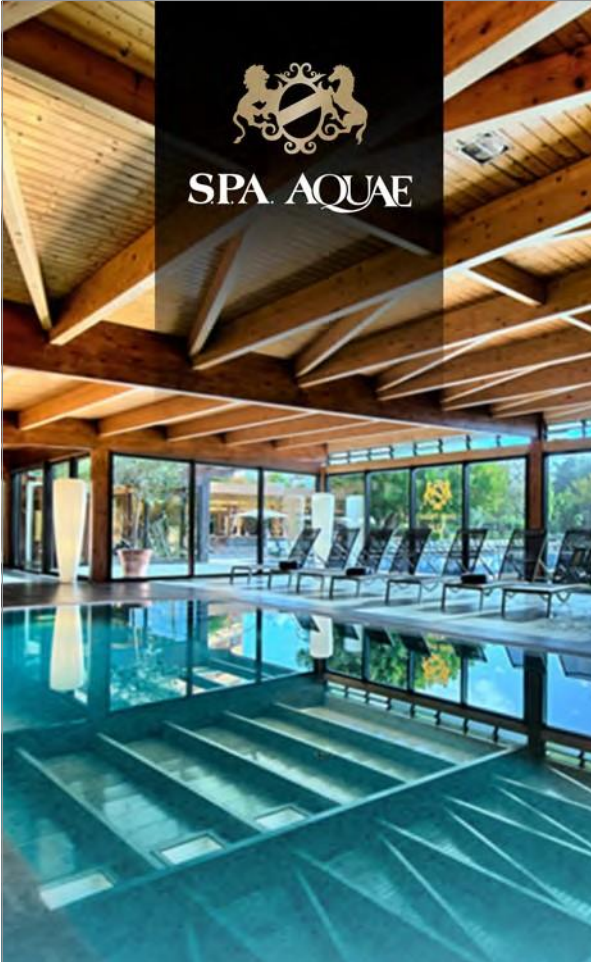

Full Leg without bikini ..... 35.00€



### Spa Aquae

Dom Pedro Vilamoura Hotel

For more information please contact:  
289 300 700



**SPA MENU**

**Find your balance...**